VERO FITNESS

Summer Adventures Camp

Monday - Friday

May 31st - August 5th

8AM-5PM

Early Drop Off Available!

(at 7:30AM)

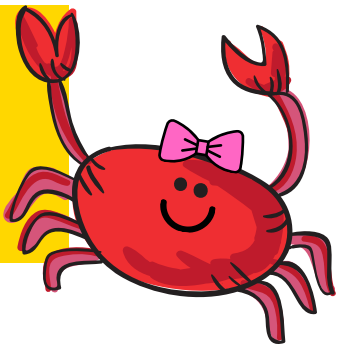
Welcome to the Vero Fitness Summer Adventures Camp!

Hours of Operation

Monday - Friday 8am - 5pm

Early Drop-off Available!

Starting at 7:30AM



Meet The Camp Director

Dan Andonian
772-567-1400
dan@verofitness.fit

Welcome Campers!

For 30 years, Vero Fitness has prided itself on providing fun, youth-oriented camps for children between the ages of 6-12 throughout the Indian River County and Treasure Coast. At the Vero Fitness Adventures Camp, every camper will enjoy an experience filled with fun, fitness, and friendships! We believe the Vero Fitness Adventures Camp distinguishes itself from other area camps in the quality of programming, the experience, and enthusiasm of the counselors, and the wide variety of choices we offer. What other camp can boast that you receive professional swim and tennis instruction everyday?

What really makes the Vero Fitness Adventures Camps great is YOU! We are proud to have made a positive impact of thousands of local youths and love to hear the stories of their favorite camp memories. Whether you have been coming to the Vero Fitness Adventures Camps for years or if this is your first time joining us, we welcome you. We are all looking forward to seeing you at camp!

Frequently Asked Questions

Does My Child Need a Physical?

No, a physical is NOT needed. However, on our registration form we ask that you list all medications, allergies, and medical conditions your child may have. We also ask that you include the physician/pediatrician contact information.

What Should My Child Bring to Camp?

Campers Should Wear Comfortable Clothes Including:

-T-Shirts
-Shorts
-Sneakers

We will be doing physical activities throughout the day. Campers should come **Applied With Sunscreen On** and please **bring** a **WATER BOTTLE** with **their NAME on it**. Campers should also **Bring Sunscreen to Reapply** as needed.

For Swim Lessons Campers Will Need:

-A Bathing Suit
-Towel
-Goggles

For Tennis Lessons Campers Will Need:

-Tennis Racket
-Sneakers

(Your child will NOT be able to play without sneakers)
A water bottle should always be available to stay hydrated throughout the day. Campers will need a bagged lunch (unless purchasing one with us) and snack money ($2/day should be plenty). Please leave electronics at home including cell phones, IPods and tablets. We are not liable for lost or stolen items at camp.

Should My Child Be Able to Swim to Attend Camp?

Yes. We advise that your child has at least "beginner" level swimming abilities to attend camp since we will be in our recreational pool if weather permits.

We recommend you sign up for swimming lessons prior to the start of camp so your child will be able to enjoy their camp experience. You can contact the Front Desk for more information on swimming lessons at 772-567-1400.

Do I Need to Sign My Child in And Out of Camp?

Yes. Children need to be signed in each day as attendance will be taken at the start of camp. Children also need to be signed out of camp when they are picked up so we can account for who is at camp and who is not. Our registration form provides space for additional adults who have authorization to pick up your child. If this needs to be changed at any time, a written note signed by the parent must be sent in indicating the change. We encourage all parents to call Vero Fitness or email the Camp Director if your child is going to be absent from camp.

If it Rains, What Happens to Camp?

We may experience inclement weather, in which case, we will hold activities inside. We have several options for indoor play and activities.

What About Medications?

Prescription and over the counter medications will not be administered at camp. A parent should administer these medications either before camp or stop by during lunch.

2022 Vero Fitness Summer Adventures Camp Fees

Camper Reservations - IMPORTANT

A camper only receives a reserved spot in camp after payment is received. To guarantee acceptance into camp, parents must register and PAY IN FULL before entering your child into camp, including early drop-off fees. Daily drop-offs are contingent upon space availability and may not be acceptable into camp if space is not available. 24-hour notice and payment are required before early drop off. Unscheduled early drop offs will not be accepted. If you need to cancel your scheduled early drop off, 24-hour notice is required.

*One-Time Registration Fee $35 (Non-Members)

Prices:

$180 FIRST CHILD (5 DAY WEEK)
$160 ADDITIONAL CHILD (5 DAY WEEK)

$170 FIRST CHILD (4 DAY WEEK)
$150 ADDITIONAL CHILD (4 DAY WEEK)

DAILY RATE: $60.00

$7 EARLY DROP OFF (PER DAY/PER CHILD)

Payment is Due in Full at Time of Registration.
We accept checks, cash or credit card at the Vero Fitness Front Desk.

Single Day Registration Available Only After May 15th.

Vero Fitness Summer Adventures Camp is a co-ed program for children ages 6-12. Campers can play sports or participate in activities both fun and educational.

Summer Adventures Camp runs from Monday to Friday, May 31st - August 5th and is held from 8am to 5pm with an option for early drop off at 7:30am.

Depending on the weather, campers can be found in the Camp Areas: racquetball courts, the sports arena, volleyball courts, swimming pools for lessons and recreational swims, tennis courts for daily lessons, group fitness studios or Kids Fit area inside the Vero Fitness facility.

Refunds/Cancellations

Granted under the following conditions with approval of the Vero Fitness General Manager.

75% Refund

1. A documented medical condition that prevents the child from participating in camp and Vero Fitness is notified at least one day prior to the start of the program.
2. A cancellation notice is given 30 or more days in advance to the start of camp.

50% Refund

A cancellation notice is given 14 days in advance to the start of camp.

NO REFUND

No refund will be granted if we receive no notification that your child(ren) will be absent from camp. If you are registered for multiple weeks of camp, you cannot accumulate absent days to use as a credit at a later time during the camp season for any unregistered days or weeks of camp without permission from the Camp Director.

Vero Fitness Summer Camp 2022

Themed Weeks!

***Week 1 *(May 31-June 3)*:**
"A SPORT-acular Beginning"
We start our ***30th*** summer with one of our most popular sports weeks of all time. You will participate in classic games like basketball, soccer, kickball, and football but wait...we will also play games like Ultimate Frisbee, Capture the Flag, Relay Races, and Pickleball. Throw in daily themes like crazy hair and wacky socks and you have all the elements of a great fun-filled camp experience!
****Please note- This is a 4 day week due to the observance of Memorial Day.***

Week 2 *(June 6-10):* "Finish Line"
It's time to put your speed to the test! Campers will be competing in all different types of races, timed competitions and games, testing your agility, endurance, and challenging yourselves to push forward toward your goal. This week will bring out the friendly competitive side of our campers, but also show the importance of never stopping shy of the finish line! There is no match for what you are capable of if you put your mind to it!

Week 3 *(June 13-17)*: "ALL-BALL"
This week is where athletes are made! You will be molded into a well rounded sports player, where any and every ball game will be played. This week will be action-packed full of traditional and unique sports such as football, basketball, dodgeball, and kickball. Campers of all skill levels and abilities will be champions in this high energy, high excitement camp that will open the door to new games for you to experience and enjoy. No matter your interest, we will have a game of your liking!

Week 4 (June 20-24): “College Days”

Camp gets divided into 4 teams this week for the 10th Annual College Days! All campers will represent one of our Camp Counselor’s colleges in a variety of sports and fun competitions to determine the champion. Competitions and challenges will occur on the courts, pool and the Arena. The University of West Florida was our 2021 Champion. Who will take the crown this year?

Week 5 *(June 27-July 1):*
“Splash & Dash Week”

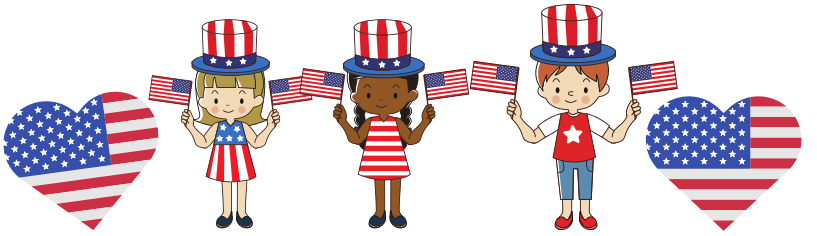
We're going to make some serious waves! Come and make some of your own waves in our Recreation Pool as you play games like water polo, relay races, cannonball and belly flop contests, and much more!

This camp is **NOT** for non-swimmers as you will be in the pool for a large portion of the day.

If you have questions about your child’s swimming ability, please contact our Swim Instructor.

Week 6 *(July 5-8)*: "Party in the USA"

Oh, say can you see... another amazing summer camp week! This week we will be jumping right into the roots of being American. Campers will play America's pastime, baseball and can take part in the home run derby, make their own patriotic t-shirts, battle it out with Team USA Trivia, and enjoy watermelon and bomb-pops all week!, Don't miss out on all this patriotic fun!



Week 7 (July 11-15): "Beast Mode"

Get amped up as this week will surely get your adrenaline pumping! It is time to unleash your inner beast as we play games like Flag Football, Soccer, and Gladiator Ball. This camp week will also include intense workouts with our Vero Fitness personal trainers with Kids Grit, Aqua Aerobics, Spin Class and Zumba. Do you think you have what it takes to compete at a high level and turn on your beast mode? We look forward to seeing every camper come to life this week.

Week 8 *(July 18-22)*: "Campers vs Counselors Week"

Vero Fitness campers and counselors will face off in a variety of missions, activities and games throughout the week. This week will include sports challenges like soccer games, kickball, tug-of-war and track meet, as well as fun activities such as Twister, Four Squares and Lip Sync Battles. Campers and Counselors will face off in the most exciting challenges ever!

Week 9 (July 25-29): “Color War”
This week is full of fun competition and team bonding. Campers will participate in games and activities to earn points for their teams. The team with the most points at the end of the week wins the grand prize. Everyone's a winner at Vero Fitness Summer Camp though, so bring your friends and let’s have a COLOR WAR!

Week 10 (August 1-5): “30th Anniversary Finale”
After 10 weeks of running summer camp at Vero Fitness, we conclude our 30th summer with a week of FUN! We will have face painting, tie-dye t-shirt making, water balloon tosses, Arena carnival with a dunk tank, Waterslides and our annual end of year cookout to close out the Summer of ‘22

SUMMER ADVENTURES CAMP 2022 REGISTRATION FORM

Allergies: _____
Medical Conditions: _____

Member _____ Non-Member _____ How did you hear about our program? _____

Child's Name (first/last): _____ D.O.B: _____

2nd Child: _____ D.O.B: _____ 3rd Child: _____ D.O.B: _____

Address: _____

City/State/Zip Code: _____

Parent/Guardian: _____

Address: _____

City/State/Zip Code: _____

Home Phone: _____ Bus. Phone: _____ Cell: _____

E-mail: _____

Medications: _____

Allergies: _____

Medical Conditions: _____

Physician/Pediatrician: _____ Phone: _____

Emergency Contact: _____ Phone: _____

*Parent/Guardian (PICK-UP): _____

***Please Note:** A form of ID is required if someone other than registered person(s) is picking up your child(ren).

Attendance: Please indicate all dates your child(ren) will be attending: **Early Drop Off?** ☐

_____

_____

_____

_____

I accept full responsibility for my child's use of any and all apparatus, appliances, facility privilege or service whatsoever, owned and operated by this Club at my child's risk and shall hold this Club, its shareholders, directors, officers, employees, representatives, and agents harmless from any and all loss, claim, injury, damage sustained or incurred by child's resulting therefrom.

VERO FITNESS

Parent/Guardian: _____

Signature: _____ **Date:**_____

TO PARENTS OR GUARDIANS OF MINOR - WAIVER OF LIABILITY AND DISCLAIMER: In consideration of my son's/daughter's membership and participation in the activities and special programs or events at Vero Fitness as parent or guardian of named minor, my heirs, executioners, administrators and assigns, waive, release and discharge any an all rights and claims of damages against Vero Fitness and/or its sponsors for all claims arising or resulting from traveling, participation and/or being involved in the program or activities. I attest and verify that I have full knowledge of the risks involved in said participation and that I will on behalf of the said member assume and pay any medical or emergency expenses in the event of accident, illness or other incapacity regardless of whether I have authorized such expenses. I attest that my son/daughter is physically fit and sufficiently able to participate in the programs or activities at Vero Fitness in conjunction with other youth members.

_____ **Initial Here**

ACKNOWLEDGMENT AND CONSENT: For internal and external use, I acknowledge that Vero Fitness and or its sponsors may utilize photographs of the member, which may be taken during involvement in Vero Fitness program or activities. I consent to such uses & hereby waive all rights to compensation.

_____ **Initial Here**

EMERGENCY AUTHORIZATION: I, the undersigned (or as parent or guardian of the participant, a minor), hereby authorize the staff of Vero Fitness or its sponsors and/or volunteers, coaches, trainers, activity supervisors, instructors and vehicle driver as my agents, to consent to medical, surgical or dental examination and/or treatment. In case of emergency, I hereby authorize treatment and/or care at any hospital or by licensed medical personnel. Vero Fitness staff will NOT medicate children. Parents/guardians are ENTIRELY responsible for medications and for personally arranging for or ensuring the proper and timely medication of their children.

_____ **Initial Here**

Vero Fitness Photograph/Video Release

I give permission for my child listed above to be photographed or videotaped while at Vero Fitness. I understand that the staff will use discretion and judgement in allowing any photographs or video to be taken and that images of my child may appear in or on Vero Fitness' brochures, advertisements, the club website or Club's social media pages. I consent to such uses and hereby waive all rights to compensation.

NOTE: Your signature acknowledges that you have read and accept the policies of the Vero Fitness as described above. Please call the Club at 772-567-1400 if you have any questions.

THIS REGISTRATION WILL NOT BE ACCEPTED UNLESS SIGNED BY PARENT/GUARDIAN.

_____	_____	_____
Date Signed	**Signature of Parent/Guardian**	**Printed Name of Parent/Guardian**

I agree to abide by the rules and regulations of Vero Fitness

_____	_____	_____
Date Signed	**Signature of Child**	**Printed Name of Child**

2022 Summer Camp Lunch Menu

Camper's Name: _____ Amount Enclosed: _____

Daily Menu

Monday: Hot Dogs (1) $5
Tuesday: Tacos (2) Soft or Hard $5
Wednesday: Chick-fil-A Chicken Sandwich (1) $7
Thursday: Hamburgers/Cheeseburgers (1) $5
Friday: Pizza (2 slices) $5

***Lunch Meals Include: drink, fruit snack & chips!**

Individual Items:

Individual Hot Dog $1
Individual Tacos $1
Individual Chicken Sandwich $4
Individual Burger $1
Individual Pizza Slice $1

Please mark (M) for meal or (I) for Individual order in the box for the days your child will be getting lunch.

Camp Week	Monday- Hotdogs	Tuesday- Tacos	Wednesday- Chicken Sandwich	Thursday- Burgers	Friday- Pizza
Week 1 May 31-June 3	NO CAMP May 30th (Memorial Day)				
Week 2 June 6-10					
Week 3 June 13-17					
Week 4 June 20-24					
Week 5 June 27-July 1					
Week 6 July 5-8	NO CAMP (4th of July)				
Week 7 July 11-15					
Week 8 July 18-22					
Week 9 July 25-29					
Week 10 August 1-5					

Lunch Payments:

Please make payments *directly* to our **Camp Director, Dan Andonian.**

We Accept:

Cash, Check or you can pay instantly by scanning the ***Venmo QR Scan Code.***

Please Note:

The Front Desk ***cannot*** accept lunch payments.

Thank you! ☺

Pay Instantly!

Scan the Venmo QR Scan Code