



SUMMER

ADVENTURES CAMP 2023

JUNE 1ST - AUGUST 11TH

8AM-5PM
AGES 6-12

EARLY DROP AVAILABLE STARTING AT 7:30AM
FOR AN ADDITIONAL FEE



Camp Director
Dan Andonian
772-567-1400
dan@verofitness.fit



Assistant Camp Director
Don Foderaro
772-567-1400
don@verofitness.fit

Vero Fitness Summer Adventures Camp 2023 Fees

Camper Reservations - IMPORTANT

A camper only receives a reserved spot in camp after payment is received. To guarantee acceptance into camp, parents must register and PAY IN FULL before entering your child into camp, including early drop-off fees.

Daily drop-offs are contingent upon space availability and may not be acceptable into camp if space is not available.

24-hour notice and payment are required before early drop off. Unscheduled early drop offs will not be accepted. If you need to cancel your scheduled early drop off, 24-hour notice is required.

Prices:

\$180 - FIRST CHILD (5-DAY WEEK)

\$160 - ADDITIONAL CHILD (5-DAY WEEK)

\$170 - FIRST CHILD (4TH OF JULY WEEK)

\$150 - ADDITIONAL CHILD (4TH OF JULY WEEK)

\$80 - FIRST CHILD (SUMMER STARTER WEEK)

\$70 - ADDITIONAL CHILD (SUMMER STARTER WEEK)

DAILY RATE - \$60

NON-MEMBER REGISTRATION FEE - \$35

PAYMENT IS DUE IN FULL AT TIME OF REGISTRATION.

We accept checks, cash or credit card at the Vero Fitness Front Desk. Credit cards transactions are subject to a 3.5% processing fee.

Vero Fitness Summer Adventures Camp is a co-ed program for children ages 6-12. Campers can play sports or participate in activities both fun and educational.

Summer Adventures Camp runs from Monday to Friday, June 1st - August 11th and is held from 8am to 5pm with an option for early drop off at 7:30am.

Depending on the weather, campers can be found in the Camp Areas: racquetball or tennis courts, the sports arena, volleyball courts, swimming pools for lessons and recreational swims, tennis courts for daily lessons, group fitness studios or Kids Fit area inside the Vero Fitness facility.

Refunds/Cancellations

Granted under the following conditions with approval of the Vero Fitness General Manager.

75% Refund

1. A documented medical condition that prevents the child from participating in camp and Vero Fitness is notified at least one day prior to the start of the program.
2. A cancellation notice is given 30 or more days in advance to the start of camp.

50% Refund

A cancellation notice is given 14 days in advance to the start of camp.

NO REFUND

No refund will be granted if we receive no notification that your child(ren) will be absent from camp. If you are registered for multiple weeks of camp, you cannot accumulate absent days to use as a credit at a later time during the camp season for any unregistered days or weeks of camp without permission from the Camp Director.



Important Things to Know!

Does my child need a physical?

No, a physical is NOT needed. However, on our registration form we ask that you list all medications, allergies, and medical conditions your child may have. We also ask that you include the physician/pediatrician contact information.

What should my child bring to camp?

Campers should wear comfortable clothes including:

-T-Shirts

-Shorts

-Sneakers

We will be doing physical activities throughout the day. Campers should come applied with Sunscreen on and bring a bottle with them so they can reapply when needed.

For swim lessons campers will need:

-A bathing suit

-Towel

-Goggles

For tennis lessons campers will need:

-Tennis Racket

-Sneakers

(Your child will NOT be able to play without sneakers)

A water bottle should always be available to stay hydrated throughout the day. Campers will need a bagged lunch (unless purchasing one with us) and snack money (\$2/day should be plenty). Please leave electronics at home including cell phones, iPods and tablets. We are not liable for lost or stolen items at camp.

What about medications?

Prescription and over the counter medications will not be administered at camp. A parent should administer these medications either before camp or stop by during lunch.

Should my child be able to swim to attend camp?

Yes. We advise that your child has at least "beginner" level swimming abilities to attend camp since we will be in our recreational pool if weather permits.

We recommend you sign up for swimming lessons prior to the start of camp so your child will be able to enjoy their camp experience. You can contact the Front Desk for more information on swimming lessons at 772-567-1400.

If it rains, what happens to camp?

We may experience inclement weather, in which case, we will hold activities inside. We have several options for indoor play and activities.

Do I need to sign my child in and out of camp?

Yes. Children need to be signed in each day as attendance will be taken at the start of camp.

Children also need to be signed out of camp when they are picked up so we can account for who is at camp and who is not. Our registration form provides space for additional adults who have authorization to pick up your child. If this needs to be changed at any time, a written note signed by the parent must be sent in indicating the change. We encourage all parents to call Vero Fitness or email the Camp Director if your child is going to be absent from camp.



2023 Vero Fitness Summer Adventures Camp Themed Weeks

June 1 - 2 "Summer Starter"

Join us for two introductory days of our summer camp. Although these two days are not themed, they will give you a preview of some of the wonderful things we do throughout summer. Sports, games and fun activities will happen including recreational swimming, competition arena sports, gamesroom activities and tennis lessons.

Week 1 (June 5 - 9) "Sports Fandemonium"

One of our most popular sports weeks of all time is back for 2023! You will participate in classic games like basketball, soccer, kickball, and football but wait...we will also play games like Ultimate Frisbee, Capture the Flag, Relay Races, and Pickleball. Throw in daily themes like crazy hair and wacky socks and you have all the elements of a great fun-filled camp experience.

Week 2 (June 12-16) "Amazing Race"

On your mark, get set, and Go! Vero Fitness will be creating our very own Amazing Race! It's time to put your speed to the test! Campers will be competing in all different types of races, timed competitions and games, testing your agility, endurance, and challenging yourselves to push forward toward your goal. It is a week full of minute-to-win-it games, physical challenges, double dare competitions and obstacle courses to test our agility. We will be using our Amazing Race skills all week! It truly will be AMAZING!

Week 3 (June 19-23) "Got Game?"

This camp is where athletes are made! You will be molded into a well rounded sports player, where any and every ball game will be played. This week will be action-packed full of traditional and unique sports such as football, basketball, dodgeball, and kickball. Campers of all skill levels and abilities will be champions in this high energy, high excitement camp that will open the door to new games for you to experience and enjoy. No matter your interest, we will have a game of your liking!

Week 4 (June 26-30) "College Days"

Camp gets divided into 4 teams this week for the 11th Annual College Days! All campers will represent one of our Camp Counselor's colleges in a variety of sports and fun competitions to determine the champion. Competitions and challenges will occur on the courts, pool and the Arena. Framingham State University was our 2022 Champion. Who will take the crown this year?

Week 5 (July 3 & 5-7) "Party in the USA"

Oh, say can you see... another amazing summer camp week! This week we will be jumping right into the roots of being American. Campers will play America's pastime, baseball and can take part in the home run derby, make their own patriotic t-shirts, battle it out with Team USA Trivia, and enjoy watermelon and bomb-pops all week! Do not miss out on all this patriotic fun!

No Camp on Tuesday, July 4th!

Week 6 (July 10-14) "Splash Zone"

Back again this very popular camp is making serious waves! Come and make some of your own waves in our Recreation Pool as you play games like water polo, relay races, cannonball and belly flop contests, and much more! This camp is NOT for non-swimmers as you will be in the pool for a large portion of the day. If you have questions about your child's swimming ability, please contact our Swim Instructor.

Week 7 (July 17-21) "World Cup Week"

We celebrate the Women's World Cup this week. Each camper is assigned to a team throughout the week. In the mornings our counselors will teach the fundamentals of the game by using a variety of presentations, demonstrations and drills. During the day, teams participate in daily, small-sided World Cup matches. This not only allows campers to play, but also presents an opportunity to utilize skills and tactics learned earlier in the day. League play also gives coaches an opportunity to evaluate and teach campers during actual game situations.

Week 8 (July 24-28) "Beast Mode"

Get amped up as this week will surely get your adrenaline pumping! It is time to unleash your inner beast as we play games like Flag Football, Soccer, and Gladiator Ball. This camp week will also include intense workouts with our Vero Fitness personal trainers with Kids Grit, Aqua Aerobics, Spin Class and Zumba. Do you think you have what it takes to compete at a high level and turn on your beast mode? We look forward to seeing every camper come to life this week.

Week 9 (July 31-August 4) "Campers vs Counselors Week"

Vero Fitness campers and counselors will face off in a variety of missions, activities and games throughout the week. This week will include sports challenges like soccer games, kickball, tug-of-war and track meet, as well as fun activities such as Twister, Four Squares and Lip Sync Battles. Campers and Counselors will face off in the most exciting challenges ever!

Week 10 (August 7-11) "Bummer, End of Summer"

Another summer camp at Vero Fitness comes to an end. We conclude our summer with a week of FUN! We will have face painting, tie-dye t-shirt making, water balloon tosses, Arena dance party with a DJ, Waterslides and our annual end of year cookout to close out the Summer of '23



Allergies: _____
Medical Conditions: _____

2023 Summer Adventures Camp Registration Form

Member _____ Non-Member _____ How did you hear about our program? _____

Non-members must pay a \$35 registration fee.

Child's Name (first/last): _____ D.O.B: _____

2nd Child: _____ D.O.B: _____ 3rd Child: _____ D.O.B: _____

Address: _____

City/State/Zip Code: _____

Parent/Guardian: _____

Address: _____

City/State/Zip Code: _____

Home Phone: _____ Bus. Phone: _____ Cell: _____

E-mail: _____

Medications: _____

Allergies: _____

Medical Conditions: _____

Physician/Pediatrician: _____ Phone: _____

Emergency Contact: _____ Phone: _____

*Parent/Guardian (PICK-UP): _____

***Please Note:** A form of ID is required if someone other than registered person(s) is picking up your child(ren).

Attendance: Please circle all dates your child(ren) will be attending:

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
Summer Starter	May 29 - No Camp	May 30 - No Camp	May 31 - No Camp	June 1	June 2
Week 1	June 5	June 6	June 7	June 8	June 9
Week 2	June 12	June 13	June 14	June 15	June 16
Week 3	June 19	June 20	June 21	June 22	June 23
Week 4	June 26	June 27	June 28	June 29	June 30
Week 5	July 3	July 4 - No Camp	July 5	July 6	July 7
Week 6	July 10	July 11	July 12	July 13	July 14
Week 7	July 17	July 18	July 19	July 20	July 21
Week 8	July 24	July 25	July 26	July 27	July 28
Week 9	July 31	August 1	August 2	August 3	August 4
Week 10	August 7	August 8	August 9	August 10	August 11

I accept full responsibility for my child's use of any and all apparatus, appliances, facility privilege or service whatsoever, owned and operated by this Club at my child's risk and shall hold this Club, its shareholders, directors, officers, employees, representatives, and agents harmless from any and all loss, claim, injury, damage sustained or incurred by child's resulting therefrom.

Parent/Guardian: _____

Signature: _____

Date: _____



TO PARENTS OR GUARDIANS OF MINOR - WAIVER OF LIABILITY AND DISCLAIMER: In consideration of my son's/daughter's membership and participation in the activities and special programs or events at Vero Fitness as parent or guardian of named minor, my heirs, executors, administrators and assigns, waive, release and discharge any and all rights and claims of damages against Vero Fitness and/or its sponsors for all claims arising or resulting from traveling, participation and/or being involved in the program or activities. I attest and verify that I have full knowledge of the risks involved in said participation and that I will on behalf of the said member assume and pay any medical or emergency expenses in the event of accident, illness or other incapacity regardless of whether I have authorized such expenses. I attest that my son/daughter is physically fit and sufficiently able to participate in the programs or activities at Vero Fitness in conjunction with other youth members.

ACKNOWLEDGMENT AND CONSENT: For internal and external use, I acknowledge that Vero Fitness and its sponsors may utilize photographs of the member, which may be taken during involvement in Vero Fitness program or activities. I consent to such uses & hereby waive all rights to compensation.

EMERGENCY AUTHORIZATION: I, the undersigned (or as parent or guardian of the participant, a minor), hereby authorize the staff of Vero Fitness or its sponsors and/or volunteers, coaches, trainers, activity supervisors, instructors and vehicle driver as my agents, to consent to medical, surgical or dental examination and/or treatment. In case of emergency, I hereby authorize treatment and/or care at any hospital or by licensed medical personnel. Vero Fitness staff will NOT medicate children. Parents/guardians are ENTIRELY responsible for medications and for personally arranging for or ensuring the proper and timely medication of their children.

Vero Fitness Photograph/Video Release

I give permission for my child listed above to be photographed or videotaped while at Vero Fitness. I understand that the staff will use discretion and judgement in allowing any photographs or video to be taken and that images of my child may appear in or on Vero Fitness' brochures, advertisements, the club website or Club's social media pages. I consent to such uses and hereby waive all rights to compensation.

NOTE: Your signature acknowledges that you have read and accept the policies of the Vero Fitness as described above. Please call the Club at 772-567-1400 if you have any questions.

THIS REGISTRATION WILL NOT BE ACCEPTED UNLESS SIGNED BY PARENT/GUARDIAN.

Date Signed

Signature of Parent/Guardian

Printed Name of Parent/Guardian

I agree to abide by the rules and regulations of Vero Fitness

Date Signed

Signature of Child

Printed Name of Child

2023 Summer Camp Early Drop Off

Early drop off starts at 7:30am

Fee: \$7.00 per child per session

MUST BE PAID IN ADVANCE

Name of children: _____

Name of parent/guardian: _____

Indicate option selections below:

Monday Date:
Tuesday Date:
Wednesday Date:
Thursday Date:
Friday Date:
Total Due:

Payment must be paid in advance. Cash, check or credit card (Visa, Mastercard, Discover) accepted.
Checks must be made out to Vero Fitness. All credit card transactions are subject to a 3.5% processing fee.

Credit Card number: _____

Expiration Date: _____

(Signature Required)

Date: _____

2023 Summer Camp Lunch Menu

Camper's Name: _____ Amount Enclosed: _____

Daily Menu

Monday: Hot Dogs (1) **\$6**

Tuesday: Tacos (1) Soft or Hard **\$6**

Wednesday: Chic-fil-a Sandwich (1) **\$7**

Thursday: Pub Subs (1) **\$6**

Friday: Pizza (2 slices) **\$6**

Individual Hot Dog **\$2**

Individual Tacos **\$2**

Individual Chic-fil-a Sandwich **\$5**

Individual Pub Sub **\$3**

Individual Pizza Slice **\$2**

*Lunch meals include drink, fruit snack & chips.

Cash, Checks, and Venmo only:

Payable to Camp Director, Dan Andonian

All lunch payments must be made directly to
Camp Director, Dan.

The Front Desk will not accept payments.

Venmo payment is for lunch payments **ONLY!**



venmo

Please mark (M) for meal or (I) for Individual order in the box for the days your child will be getting lunch.

Camp Week	Monday (Hot Dogs)	Tuesday (Tacos)	Wednesday (Chic-fil-a Sandwich)	Thursday (Pub Subs)	Friday (Pizza)
Summer Starter June 1-2	No Camp	No Camp	No Camp		
Week 1 June 5-9					
Week 2 June 12-16					
Week 3 June 19-23					
Week 4 June 26-30					
Week 5 July 3 & 5-7		No Camp (4th of July)			
Week 6 July 10-14					
Week 7 July 17-21					
Week 8 July 24-28					
Week 9 July 31-August 4					
Week 10 August 7-11					